

Exotic Hadrons and the Doubly Heavy Tetraquarks from Lattice QCD

Emmanuel Ortiz-Pacheco

Reviewing 2504.03473 and 2411.06266

ELTE Eötvös Loránd University, Budapest

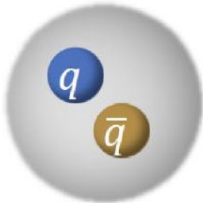
December 9, 2025

Hadrons

Conventional hadrons



baryon

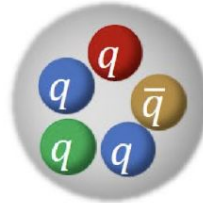


meson

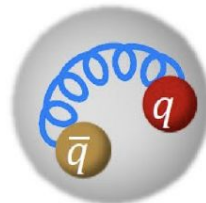
Exotic hadrons



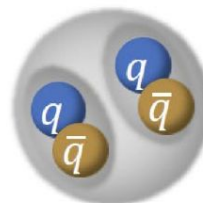
tetraquark



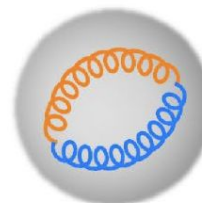
pentaquark



hybrid

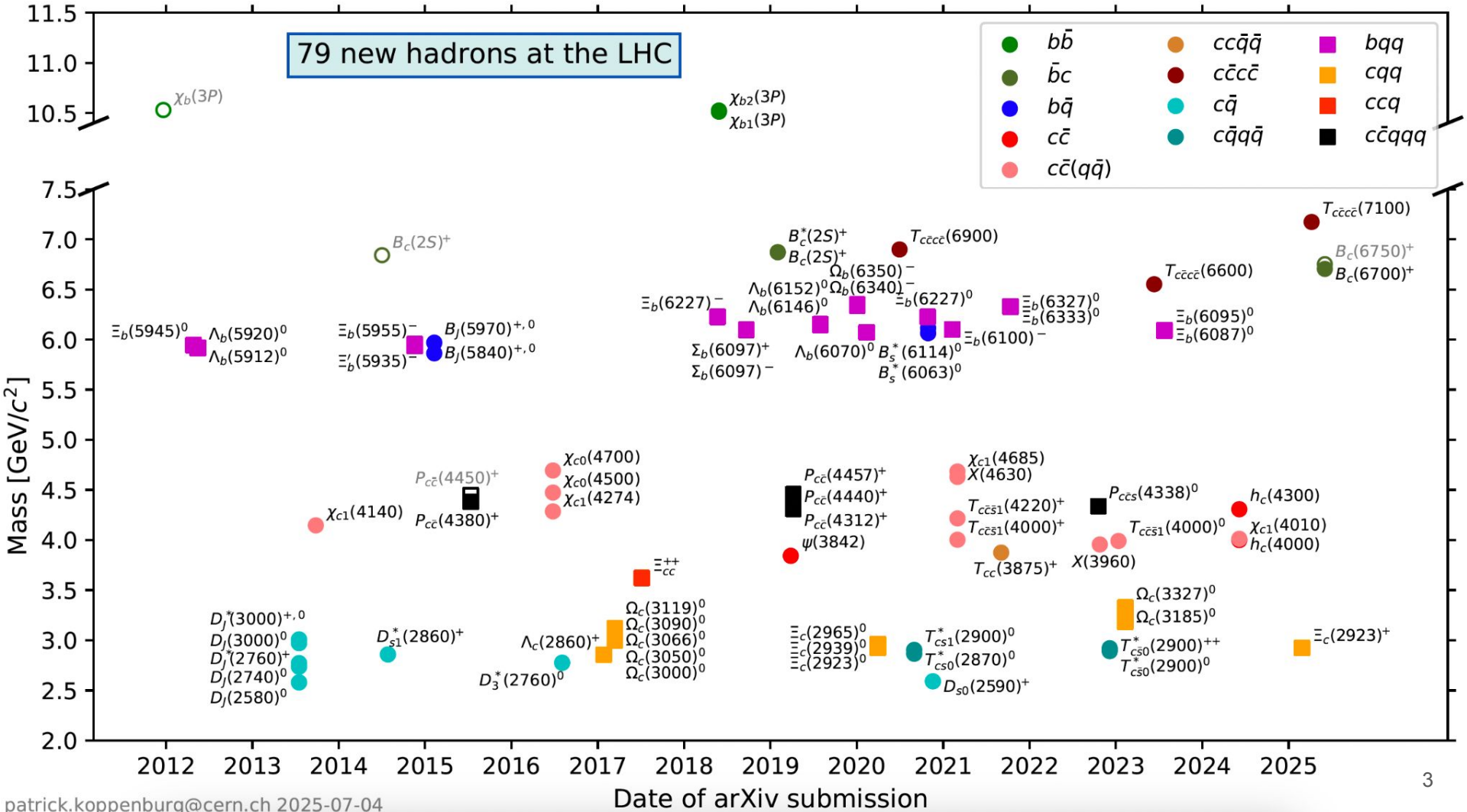


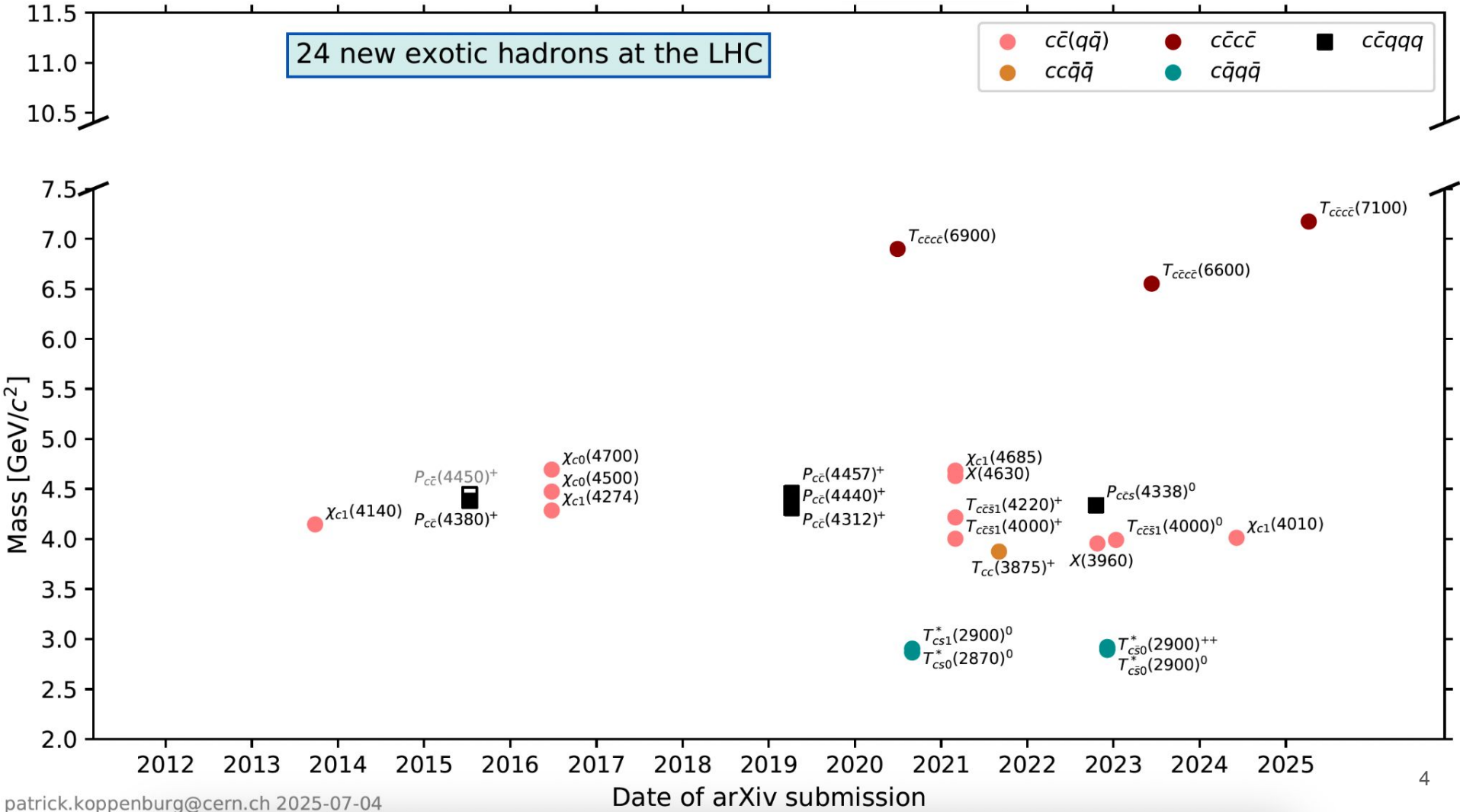
hadronic molecule



glueball

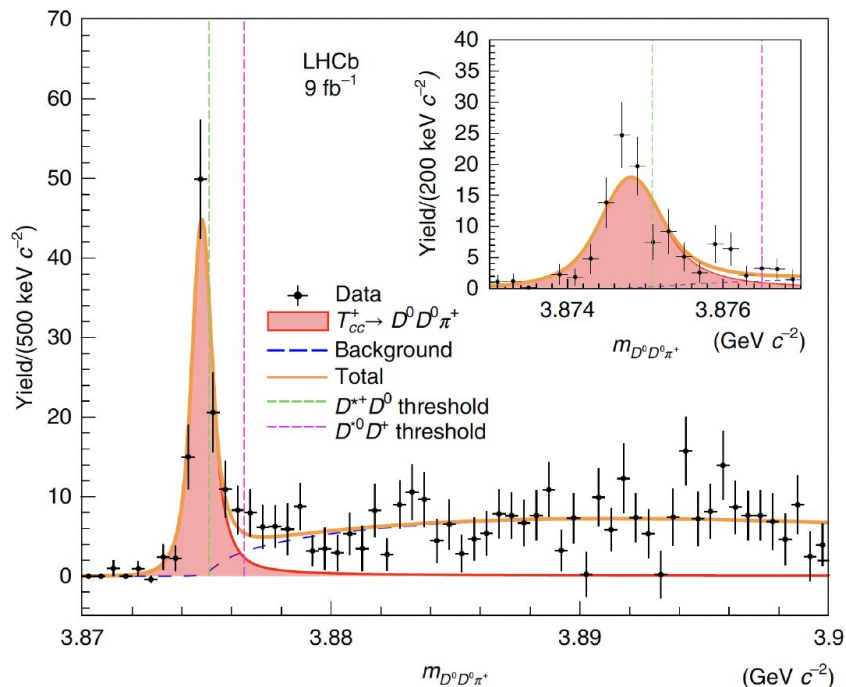
Predicted by the Quark Model





LHCb : Double-charm tetraquark $T_{cc}^+ [cc\bar{u}d]$

2021: Signal in $D^0 D^0 \pi^+$ just 0.4 MeV below $D^0 D^{*+}$ threshold. ^{1 2}



$$\delta m_{\text{pole}} = m_{T_{cc}^+} - (m_{D^{*+}} + m_{D^0}),$$

$$\delta m_{\text{pole}} = -360 \pm 40_{-0}^{+4} \text{ keV}/c^2,$$

$$\Gamma_{\text{pole}} = 48 \pm 2_{-14}^{+0} \text{ keV}$$

From different models expected:

$$I(J^P) = 0(1^+)$$

Does this state exist in QCD?

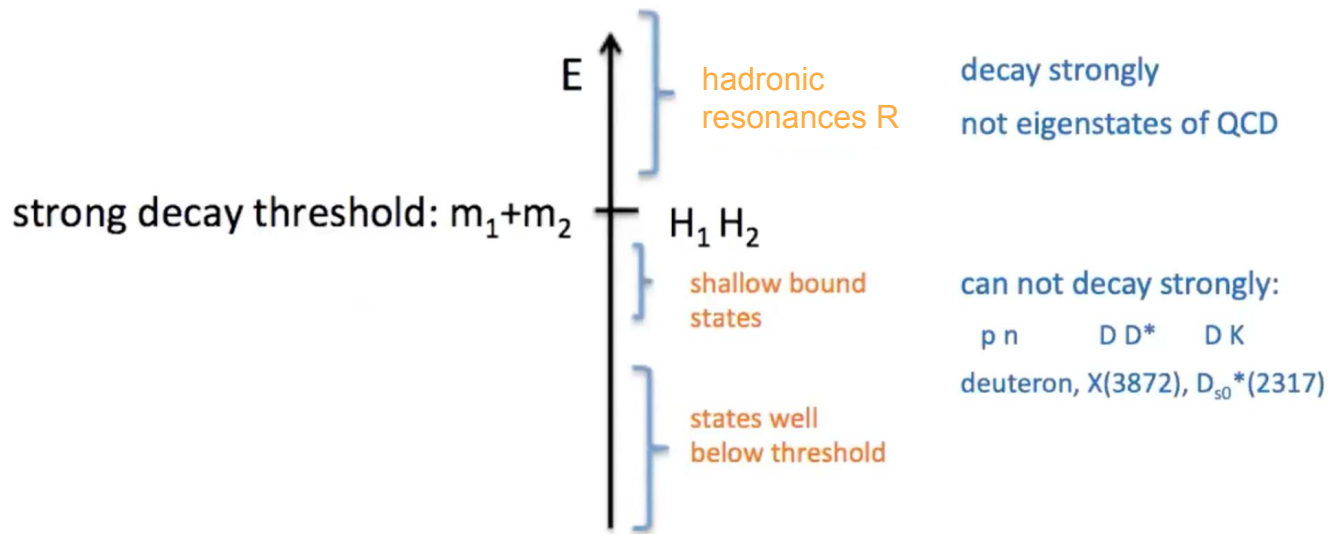
- What is its mass?

- Quantum numbers?

¹ R. Aaij *et al.* (LHCb Collaboration), Nature Physics **18**, 751 (2022). arXiv:2109.01038v4.

² R. Aaij *et al.* (LHCb Collaboration), Nature Communications **13**, 3351 (2022). arXiv:2109.01056v4.

Classification of hadron states



Most of the hadrons are strongly decay resonances.

*They need to be inferred from scattering in the experiment and/or the lattice.

Hadrons from lattice QCD

➤ QCD

$$\mathcal{L}_{QCD} = -\frac{1}{4}G_{\mu\nu}^a G_a^{\mu\nu} + \sum_{q=u,d,s,c,b,t} \bar{q} i \gamma_\mu (\partial^\mu + i g_s G_a^\mu T^a) q - m_q \bar{q} q$$

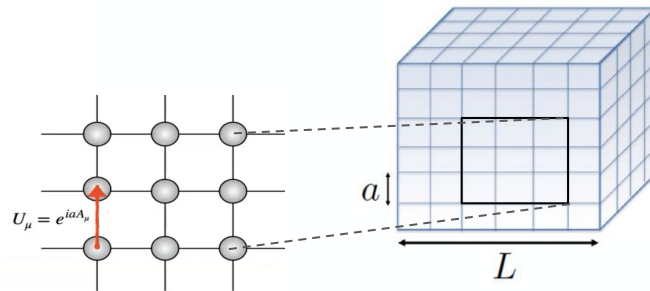
Confinement
Hadron spectrum

\vec{x}, t (Minkovsky) $\rightarrow \vec{x}, -it_E$ (Euclidean)

➤ Lattice QCD is a first principle numerical approach to the strong interactions

$$\langle O(x) O(0) \rangle = \frac{1}{Z} \int \mathcal{D}A \mathcal{D}\bar{\psi} \mathcal{D}\psi O(t) O(0) e^{-S_E(\bar{\psi}, \psi, A_\mu)}$$

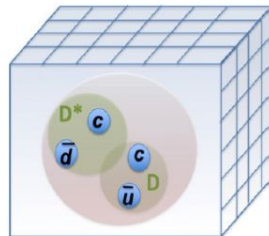
Correlator functions: main quantity extracted for study the spectroscopy



$$C_{ij}^{2pt}(t) = \underbrace{\langle 0 | O_i(t) O_j^\dagger(0) | 0 \rangle}_{\text{Interpolators}} = \sum_n \langle 0 | O_i | n \rangle e^{-E_n t_E} \langle n | O_j^\dagger | 0 \rangle = \sum_n Z_i^n Z_j^{n*} e^{-E_n t} \xrightarrow{t \rightarrow \infty} A_0 e^{-E_0 t} \text{ (ground state)}$$

Our basis of operators is chosen good enough i.e. span over all possible configurations and such that our approach reproduces the quantum numbers and describe the energies of hadrons

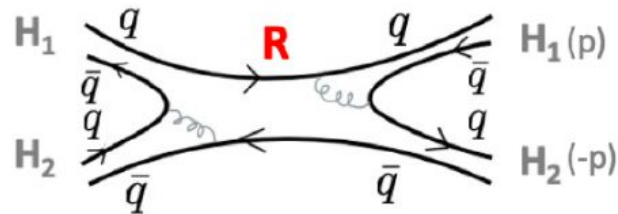
T_{cc}^+



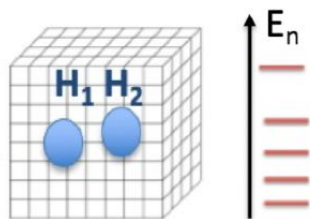
➤ Variational techniques Generalized Eigenvalue Problem (GEVP)

The spectrum

Hadron states near the threshold



➤ Scattering amplitude $T(E)$ from the lattice QCD

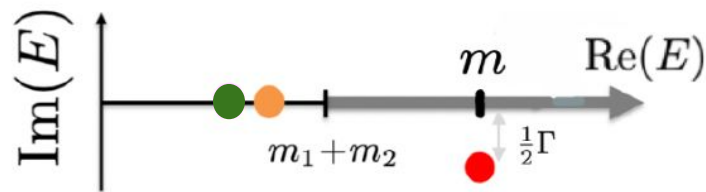


$$E \xrightarrow{\text{real } E} T(E) \xrightarrow{\text{for real } E} T(E^c) \xrightarrow{\text{for complex } E}$$

analytic relation:
Lüscher 1991

generalizations by many authors

analytic contin.
to complex E



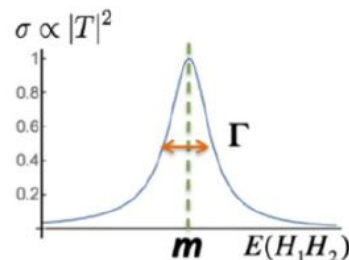
Virtual bound st.
 $p = -i|p|$
Riemann sheet II

Bound st.
 $p = i|p|$
Riemann sheet I

Resonance
Riemann sheet II

$$T(E) \propto \frac{1}{E^2 - m^2}$$

$$T(E) \propto \frac{1}{E^2 - m^2 + iE\Gamma}$$



Lattice Setup

Simulation details:

- ▶ $N_f = 2 + 1$ CLS ensembles.
- ▶ $m_\pi \simeq 280 \text{ MeV}$
- ▶ Spatial lattice extent $N_L = 24, 32$
- ▶ $a \simeq 0.086 \text{ fm}$

We employ two heavy quark masses m_Q for the system $QQ\bar{u}\bar{d}$ with $J^P = 1^+, I = 0$:

$$m_Q \simeq m_c : m_D \simeq 1.931 \text{ GeV} \quad m_{D^*} \simeq 2.051 \text{ GeV}$$

$$m_Q \simeq m_{\text{“}b\text{”}} : m_{\text{“}B\text{”}} \simeq 4.042 \text{ GeV} \quad m_{\text{“}B^*\text{”}} \simeq 4.075 \text{ GeV}$$

The heavier the quark mass is close the b quark mass.

T_{cc}^+ isospin-0 : $M(\vec{p}_1)M(\vec{p}_2)$ and $[cc]_{\bar{3}_c}[\bar{u}\bar{d}]_{3_c}$ interpolators

- ▶ Total momenta : $P = 0$ (irrep T_1^+), $P = 1$ (irrep A_2)
- ▶ Color singlet Meson-Meson interpolators $[\bar{u}c]_{1_c}[\bar{d}c]_{1_c}$

$$O^{D^{(*)}D^*}(\vec{p}_1, \vec{p}_2) = D^{(*)}(\vec{p}_1)D^*(\vec{p}_2) = \sum_{\vec{x}_1} \bar{u}_A^a(\Gamma_1)_{AB} e^{i\vec{p}_1 \cdot \vec{x}_1} c_B^a \sum_{\vec{x}_2} \bar{d}_C^b(\Gamma_2)_{CD} e^{i\vec{p}_2 \cdot \vec{x}_2} c_D^b - \{u \leftrightarrow d\}, \quad \mathbf{N}_v^{\text{MM}} = 60$$

Several operators

- ▶ **Diquark-antidiquark interpolators** $[cc]_{\bar{3}_c}[\bar{u}\bar{d}]_{3_c}$

$$O^{4q}(\vec{P}) = \sum_{\vec{x}} \epsilon_{abc} c_A^b(\vec{x})(C\gamma_i)_{AB} c_B^c(\vec{x}) \epsilon_{ade} \bar{u}_C^d(\vec{x})(C\gamma_5)_{CD} \bar{d}_D^e(\vec{x}) e^{i\vec{P} \cdot \vec{x}}, \quad \mathbf{N}_v^{4q} = 45$$

- ▶ Distillation method - all quarks fields are smeared \longrightarrow spectral decomposition

$$q_A^b(\vec{x}) = \sum_{i=1}^{N_v} v_b^{(i)}(\vec{x}) v_b^{(i)\dagger}(\vec{y}) q_A^{\bar{b}}(\vec{y}),$$

N_v is the **number of eigenvectors**

T_{cc}^+ isospin-0 : $M(\vec{p}_1)M(\vec{p}_2)$ and $[cc]_{\bar{3}_c}[\bar{u}\bar{d}]_{3_c}$ interpolators

Tensors (in distillation space) needed to compute correlators:

- MM : single meson kernel

$$\phi^{ij}(\vec{p}) = \sum_{\vec{x}} \sum_c v_c^{(i)}(\vec{x}) v_c^{(j)}(\vec{x}) e^{i\vec{p}\vec{x}}.$$

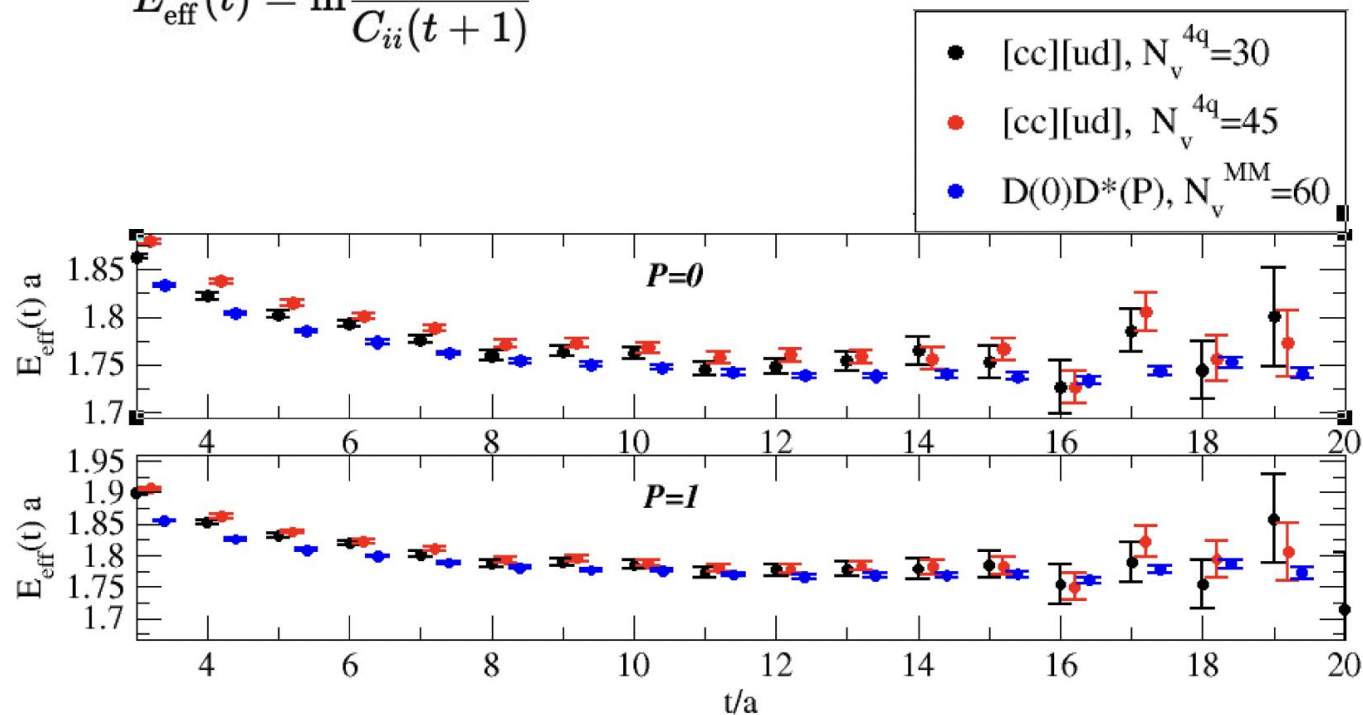
- $4q$: kernel for compact tetraquark $[cc]_{\bar{3}_c}[\bar{u}\bar{d}]_{3_c}$

$$\phi^{jklm}(\vec{p}) = \sum_{\vec{x}} \sum_{abcde} \epsilon_{abc} \epsilon_{ade} v_c^{(j)}(\vec{x}) v_c^{(k)}(\vec{x}) v_c^{(l)}(\vec{x})^\dagger v_c^{(m)}(\vec{x})^\dagger e^{i\vec{p}\vec{x}}.$$

- Costly summation over distillation indices for $4q \implies$ we employ $N_v^{4q} < N_v^{MM}$.

Effective masses of the diagonal correlators, dependence on N_v

$$E_{\text{eff}}^{(i)}(t) = \ln \frac{C_{ii}(t)}{C_{ii}(t+1)}$$



Effective energies of the diagonal correlators and the GEVP ground state

$$O^{MM} : \begin{aligned} & D(0)D^*(0) \\ & D(1)D^*(-1)|_{l=0} \\ & D(1)D^*(-1)|_{l=2} \\ & D^*(0)D^*(0) \end{aligned} \quad O^{4q} : [cc]_{\bar{3}_c} [\bar{u}d]_{3_c}$$

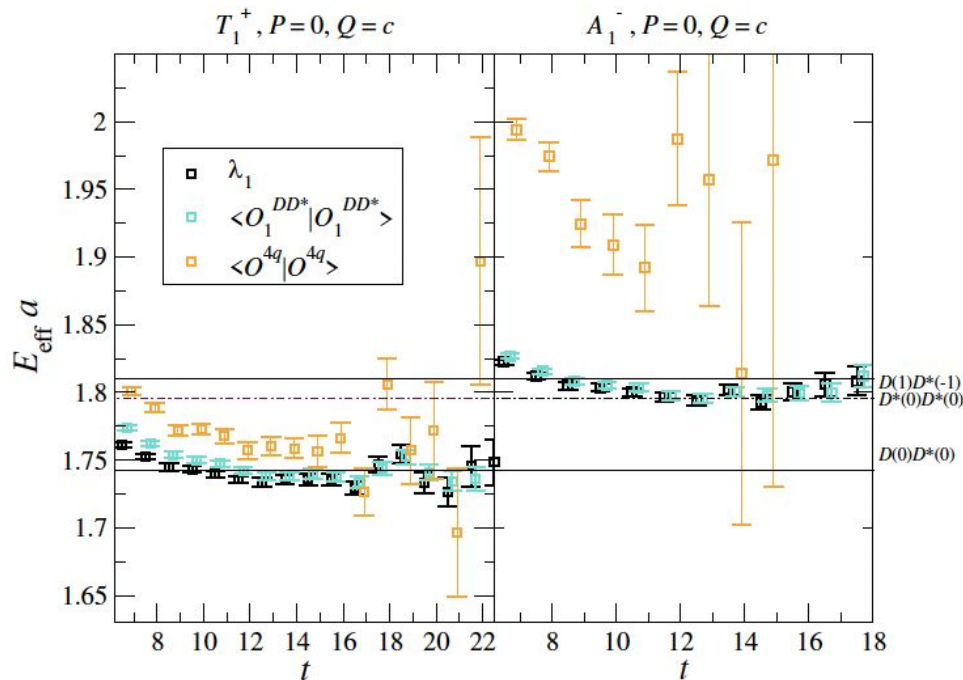
Solve the GEVP equation for λ and u

$$C(t)u^{(n)}(t) = \lambda^{(n)}(t, t_0)C(t_0)u^{(n)}(t)$$

Where t_0 is the reference time after only N lowest eigenstates signi

Extraction of E_n from

$$\lambda^{(n)}(t, t_0) \simeq Ae^{-E_n t}$$



Finite-volume energy spectrum of Tcc

$$O^{MM} : D(0)D^*(0) \quad O^{4q} : [cc]_{\bar{3}_c} [\bar{u}\bar{d}]_{3_c}$$

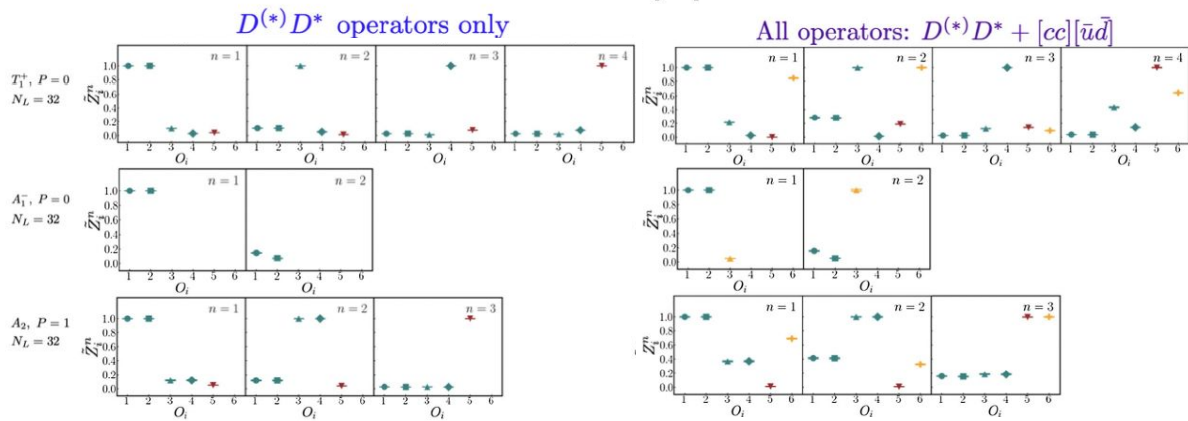
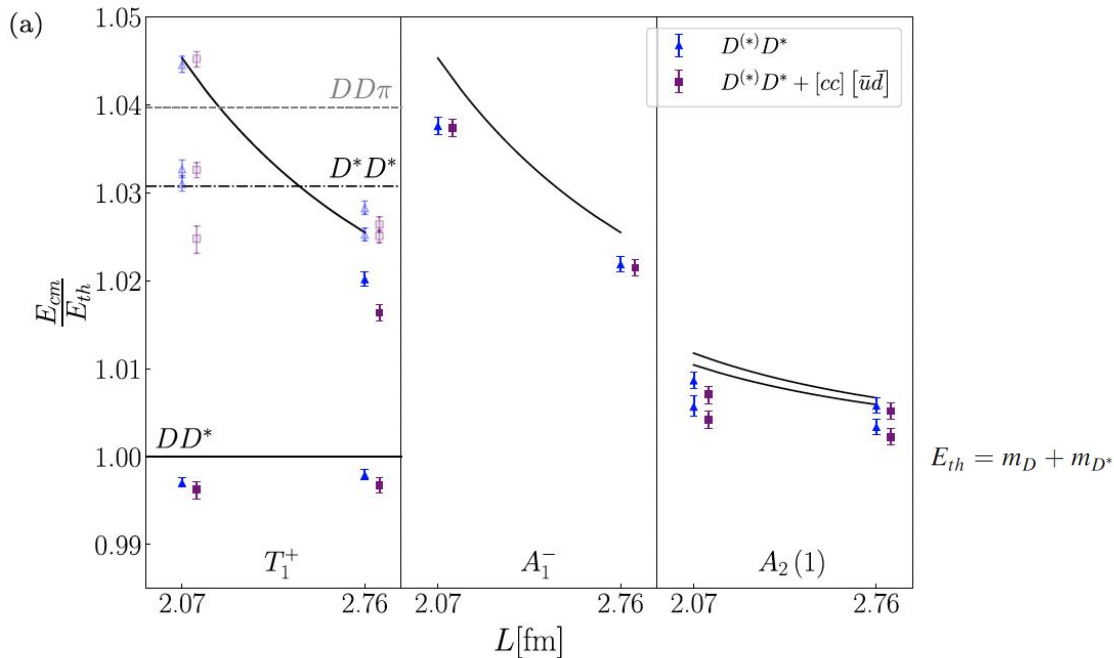
$$D(1)D^*(-1)|_{l=0}$$

$$D(1)D^*(-1)|_{l=2}$$

$$D^*(0)D^*(0)$$

➤ Overlap factors $Z_i^n = \langle n | O_i \rangle$

$$\tilde{Z}_i^n \equiv Z_i^n / \max_{n'} Z_i^{n'}$$



DD* Scattering amplitude with only meson-meson operators

Lüscher method:

$$t_l^{(J)} = \frac{E_{cm}}{2} \frac{1}{p \cot \delta_l^{(J)} - ip},$$

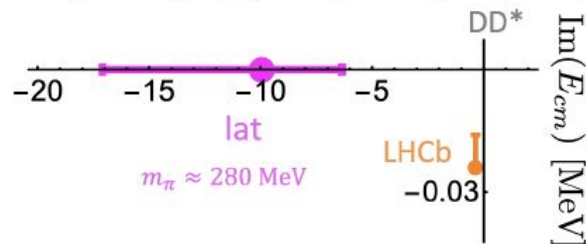
From the lattice

$$p \cot \delta_{l=0}^{(J=1)} = \frac{1}{a_0^{(1)}} + \frac{1}{2} r_0^{(1)} p^2$$

$$m_c^{(h)} : a_0^{(1)} = 1.04(29) \text{ fm}, r_0^{(1)} = 0.96^{(+0.18)}_{(-0.20)} \text{ fm}.$$

- t has a pole when $-i|p_B|^* i = \frac{1}{a_0} - \frac{1}{2} r_0 |p_B|^2$
- $$p = -i|p_B| \quad ip_B = p_B \cot \delta(p_B),$$
- at energy $E_{cm}^p = (m_D^2 - |p_B|^2)^{1/2} + (m_{D^*}^2 - |p_B|^2)^{1/2}$
- which corresponds to a **Virtual bound state** at
bind. energy $\delta m_{T_{cc}} = E_{cm}^p - m_D - m_{D^*} = -9.9^{+3.6}_{-7.1} \text{ MeV}$

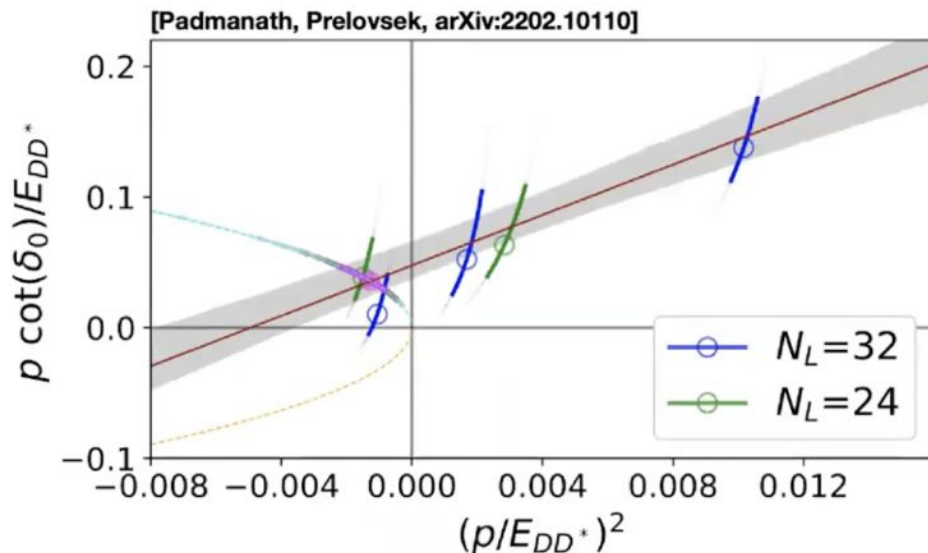
$$\delta m_{T_{cc}} = \text{Re}(E_{cm}) - m_{D^0} - m_{D^{*+}} [\text{MeV}]$$



Relation between E and $\delta(E)$

$$p \cot \delta(p) = \frac{2}{\sqrt{\pi} L} Z_{00}(1, (\frac{pL}{2\pi})^2)$$

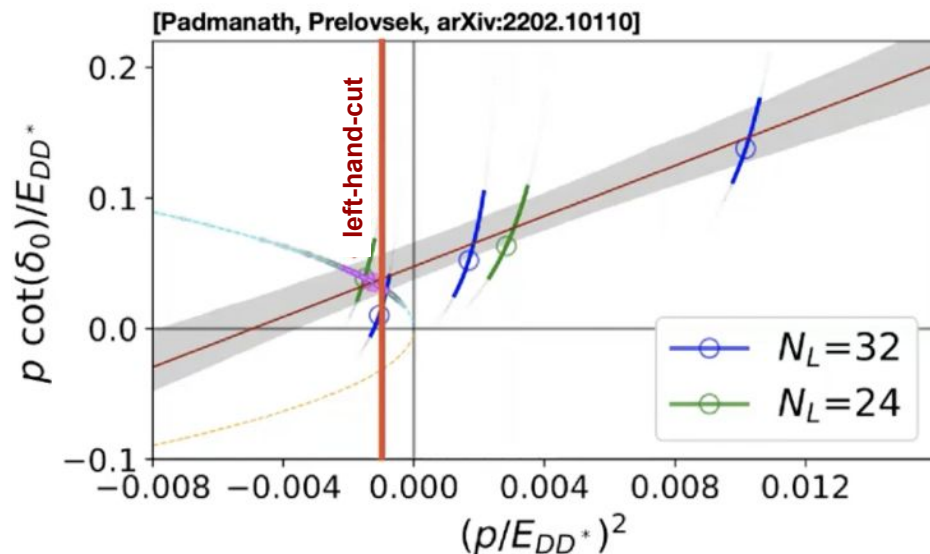
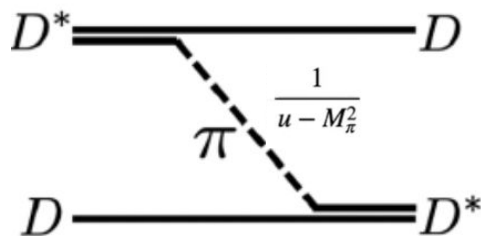
$$E = \sqrt{m_D^2 + p^2} + \sqrt{m_{D^*}^2 + p^2}$$



DD* Scattering amplitude with only meson-meson operators

Lhc Just 8 MeV below the threshold: $p_{lh}^2 \approx -\mu_\pi^2/4 \simeq -10^{-3} E_{th}^2$

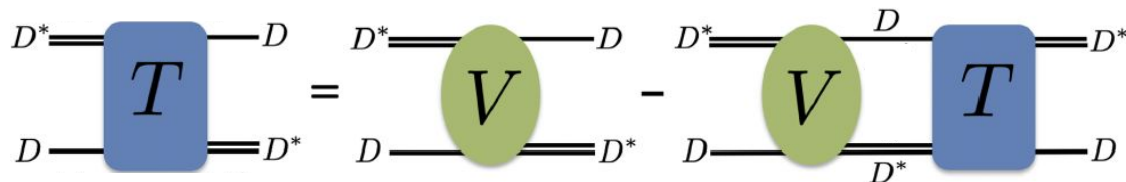
Due to one-pion-exchange (OPE)
in the u-channel.



Additionally, is the Tcc basis with two-mesons sufficient?

DD* Scattering with EFT

- The Lippmann-Schwinger equation $T = V - VGT$

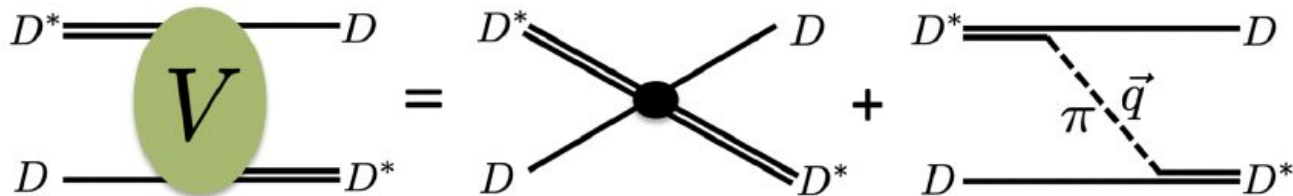


- Effective potential V derived from EFT to parametrize DD* interaction

$$V(\vec{p}, \vec{\epsilon}; \vec{p}', \vec{\epsilon}') = \left[(2c_0^s + 2c_2^s(\vec{p}^2 + \vec{p}'^2)) (\vec{\epsilon} \cdot \vec{\epsilon}'^*) + 2c_2^p (\vec{p} \cdot \vec{\epsilon}) (\vec{p}' \cdot \vec{\epsilon}'^*) + 3 \left(\frac{g}{2f_\pi} \right)^2 \frac{(\vec{\epsilon} \cdot \vec{q})(\vec{\epsilon}'^* \cdot \vec{q})}{q^2 - m_\pi^2} \right] \exp \left(- \frac{|\vec{p}|^n + |\vec{p}'|^n}{\Lambda^n} \right)$$

c_0^s, c_2^s, c_2^p low energy constants are parameters to be fitted to the FV lattice energies

- One-pion-exchange from the potential V



in nonrelativistic regime:

projected to various lattice irreps Λ :

poles: $\det(\mathcal{G}^{-1} + V) = 0 \longrightarrow \det(H - p^0 I) = 0 \longrightarrow \det(H^\Gamma - p^{0,\Gamma} I) = 0$

- Plane wave basis $|D(\vec{p}_D); D^*(\vec{p}_{D^*}, \vec{\epsilon}^r)\rangle_{lat}, \quad \vec{P} = \vec{p}_D + \vec{p}_{D^*}$

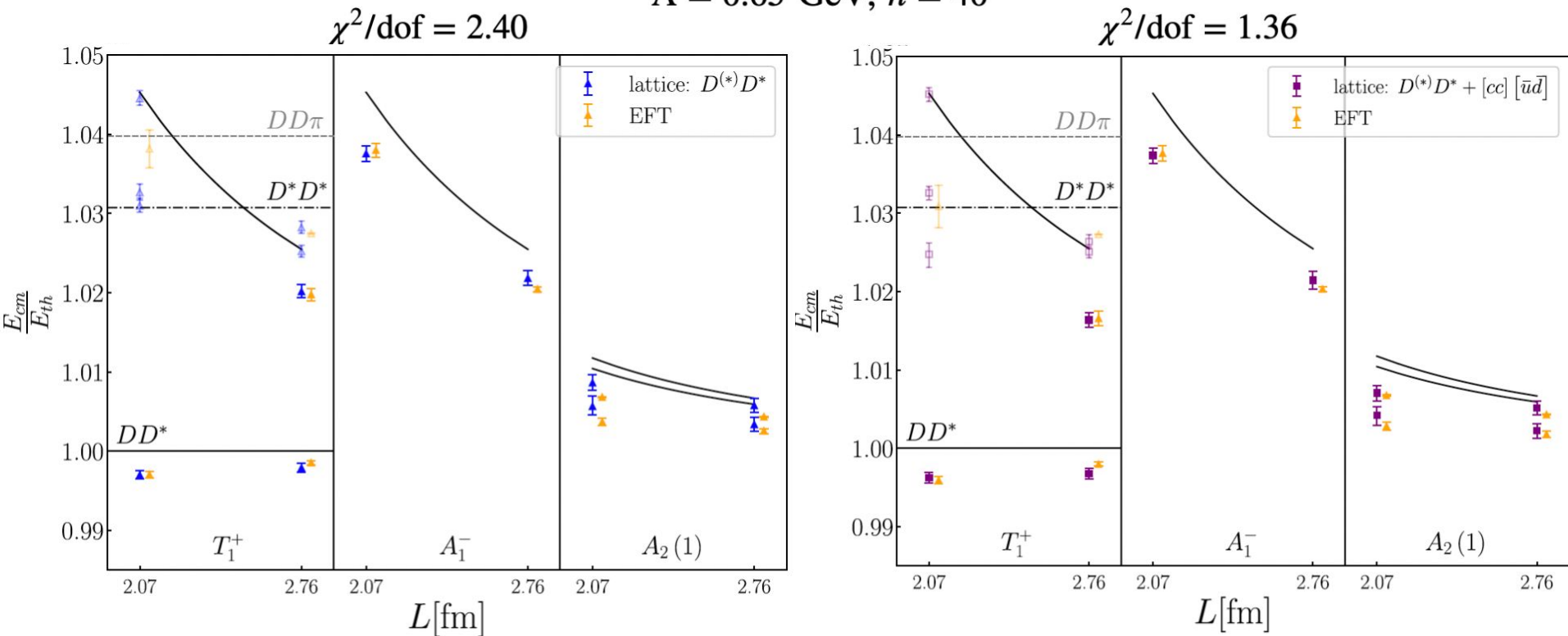
$$H = \frac{p^2}{2m_r} I + \frac{1}{L^3} V.$$

$$\vec{p}_{D^{(*)}} = \frac{2\pi}{L} \vec{n}_{D^{(*)}}, \quad \vec{n}_{D^{(*)}} \in Z^3; \quad r = x, y, z,$$

$$|D(\vec{k}); D^*(-\vec{k}, \vec{\epsilon}^r)\rangle_{cm}.$$

Fit of the low energy constants

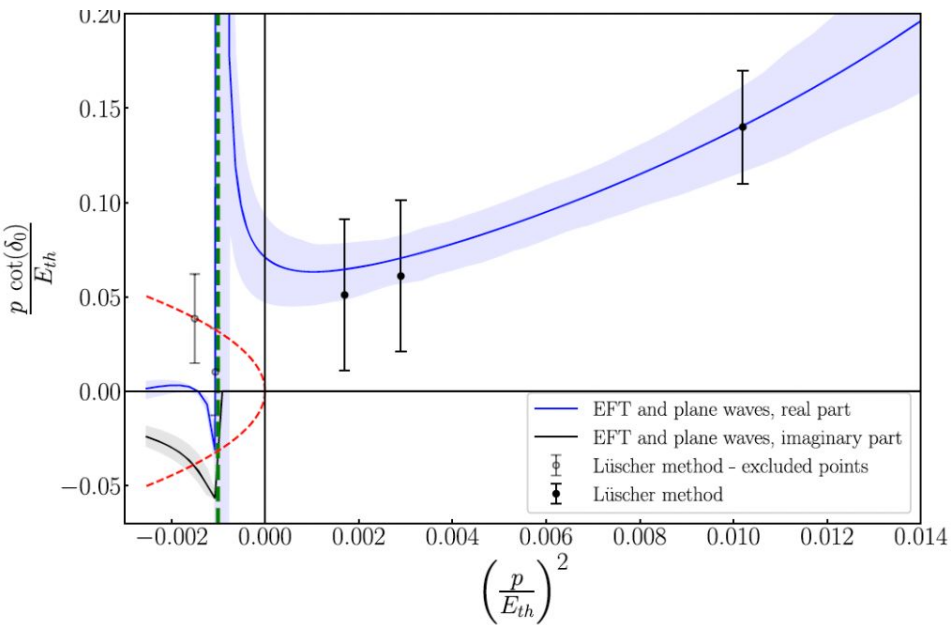
$\Lambda = 0.65 \text{ GeV}, n = 40$



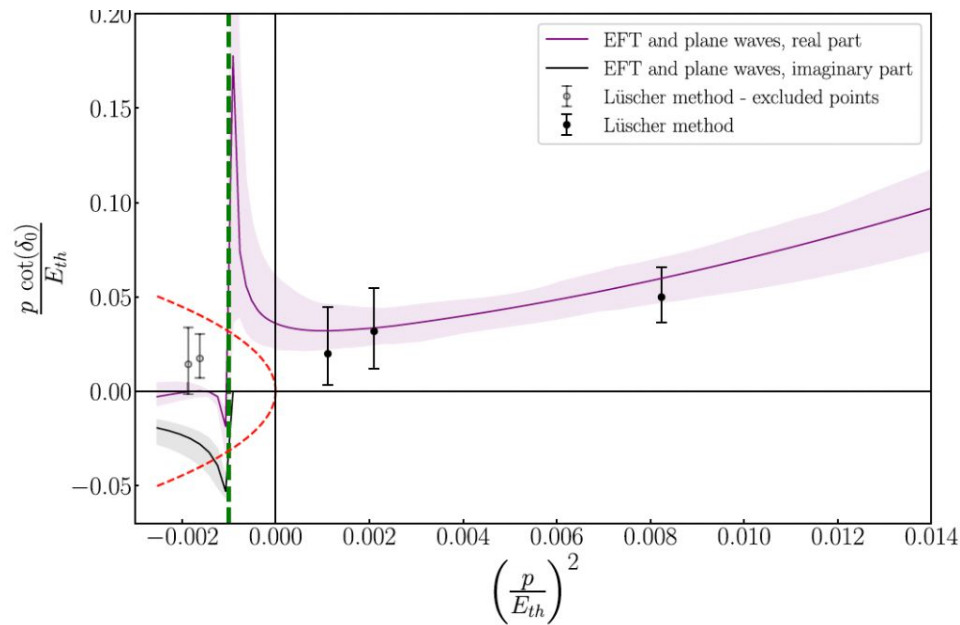
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Comparison of the DD* scattering phase shifts

with $M(\vec{p}_1)M(\vec{p}_2)$



with $M(\vec{p}_1)M(\vec{p}_2)$ and $[cc]_{\bar{3}_c}[\bar{u}d]_{3_c}$



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Tcc poles in the scattering amplitude

$$\text{Re}(E_P) - E_{th} = -8.5^{+1.8}_{-2.4} \text{ MeV}$$

$$\text{Im}(E_P) = -10.3^{+3.2}_{-4.1} \text{ MeV}$$

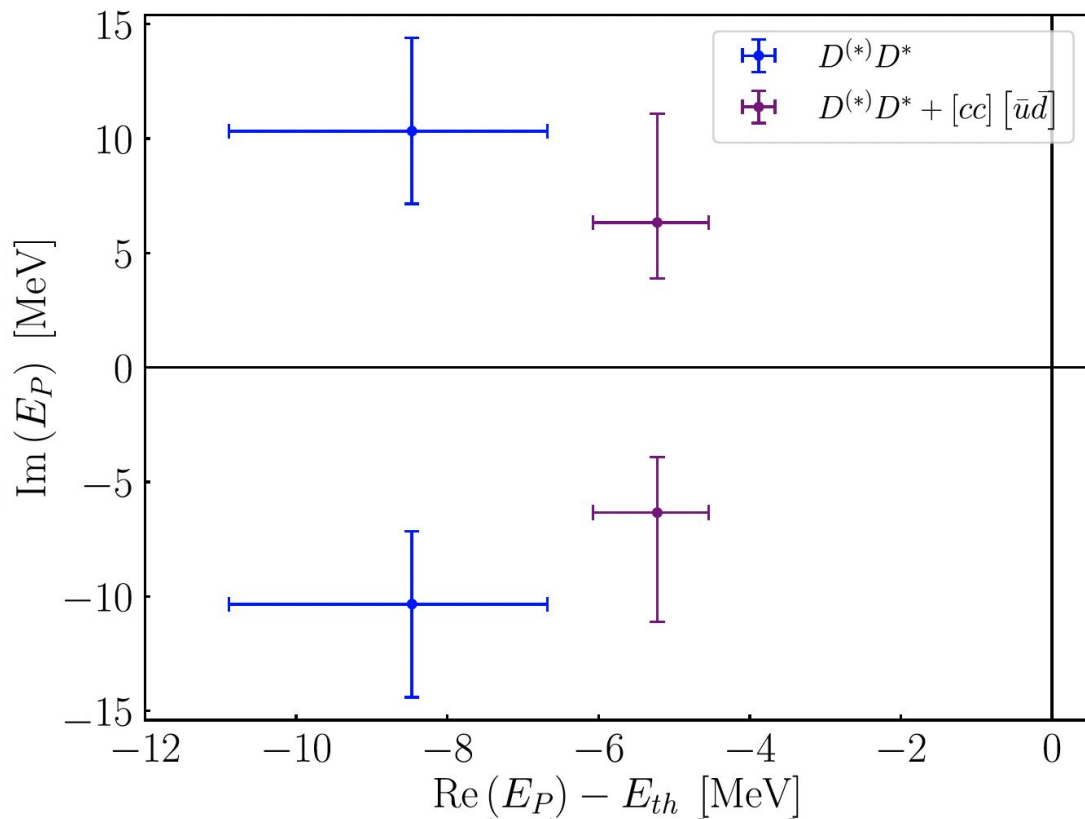
$$\text{Re}(E_P) - E_{th} = -5.2^{+0.7}_{-0.8} \text{ MeV}$$

$$\text{Im}(E_P) = -6.3^{+2.4}_{-4.8} \text{ MeV}$$

+ complex conjugate poles

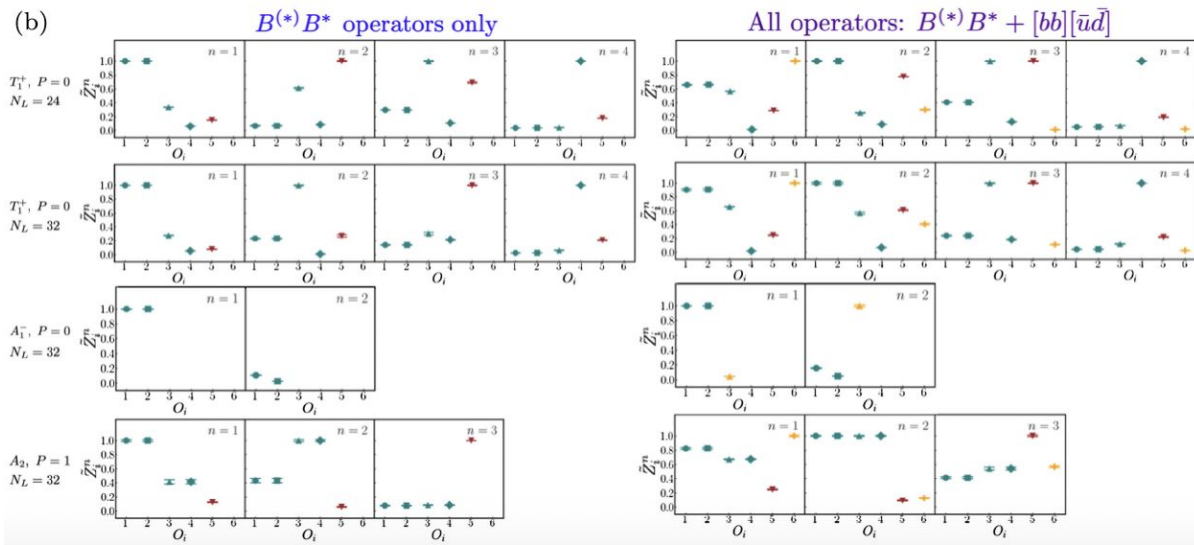
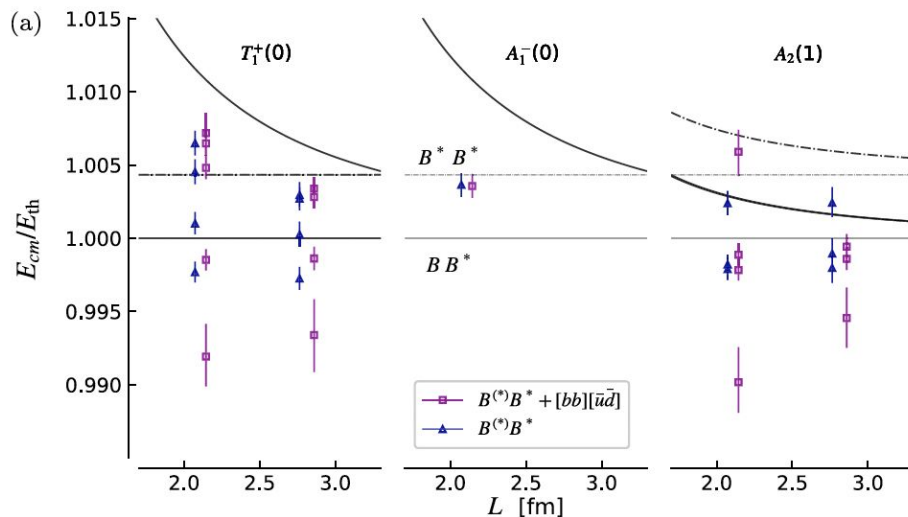
➤ Tcc is a subthreshold resonance

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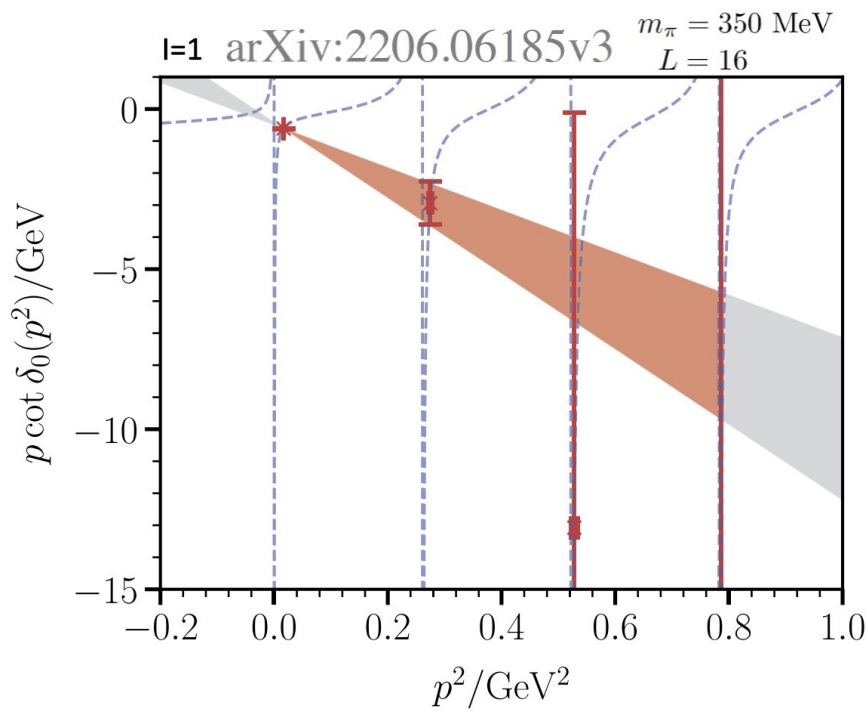
Finite-volume energy spectrum of the Doubly Bottom Tetraquark **Tbb**

- Tbb ground state shows a significant energy shift of $\sim 100\text{MeV}$ when additionally diquark-antidiquark operators are considered

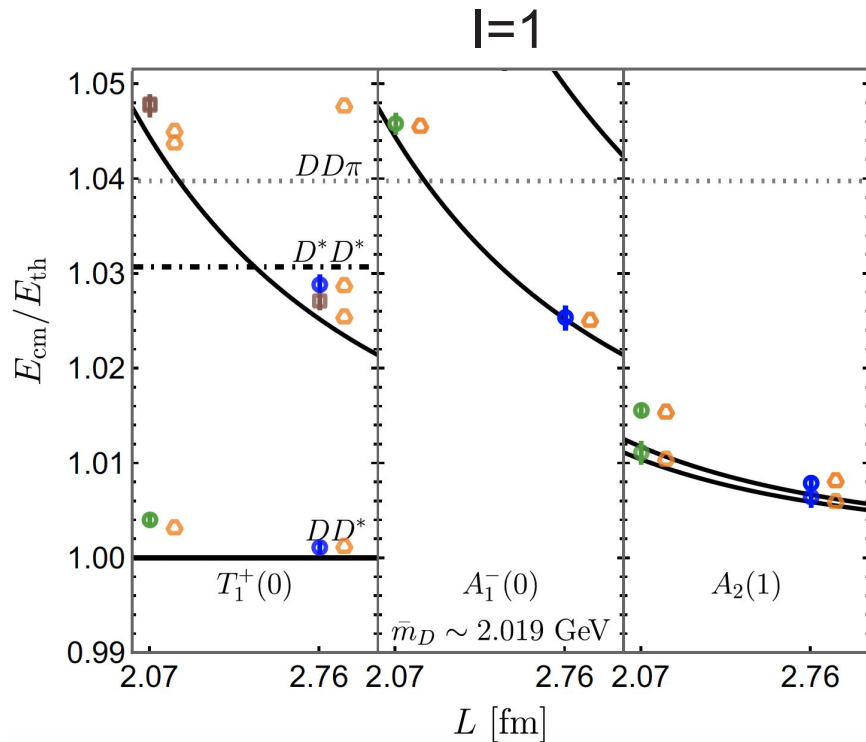


Isospin-1 channel

- In a previous lattice QCD study the **phase shifts** were computed in **red** below which suggest a pole in the scattering amplitude near the DD^* threshold. Such pole would correspond to a bound state.
- However, LHCb not observe any resonance in this channel.
- We decided to extract the energy spectrum in this isospin-1 channel with our lattice data.



Our work: finite-volume energy spectrum of $I=1$ channel



$$O_{I=1}^{DD^*} = \sum_{k,j} A_{k,j} [D(\vec{p}_{1k}) D_j^*(\vec{p}_{2k})]_{I=1}$$

$$= \sum_{k,j} A_{k,j} [(\bar{u}\Gamma_1 c)(\vec{p}_{1k})(\bar{d}\Gamma_{2j} c)(\vec{p}_{2k})] + \{u \leftrightarrow d\}.$$

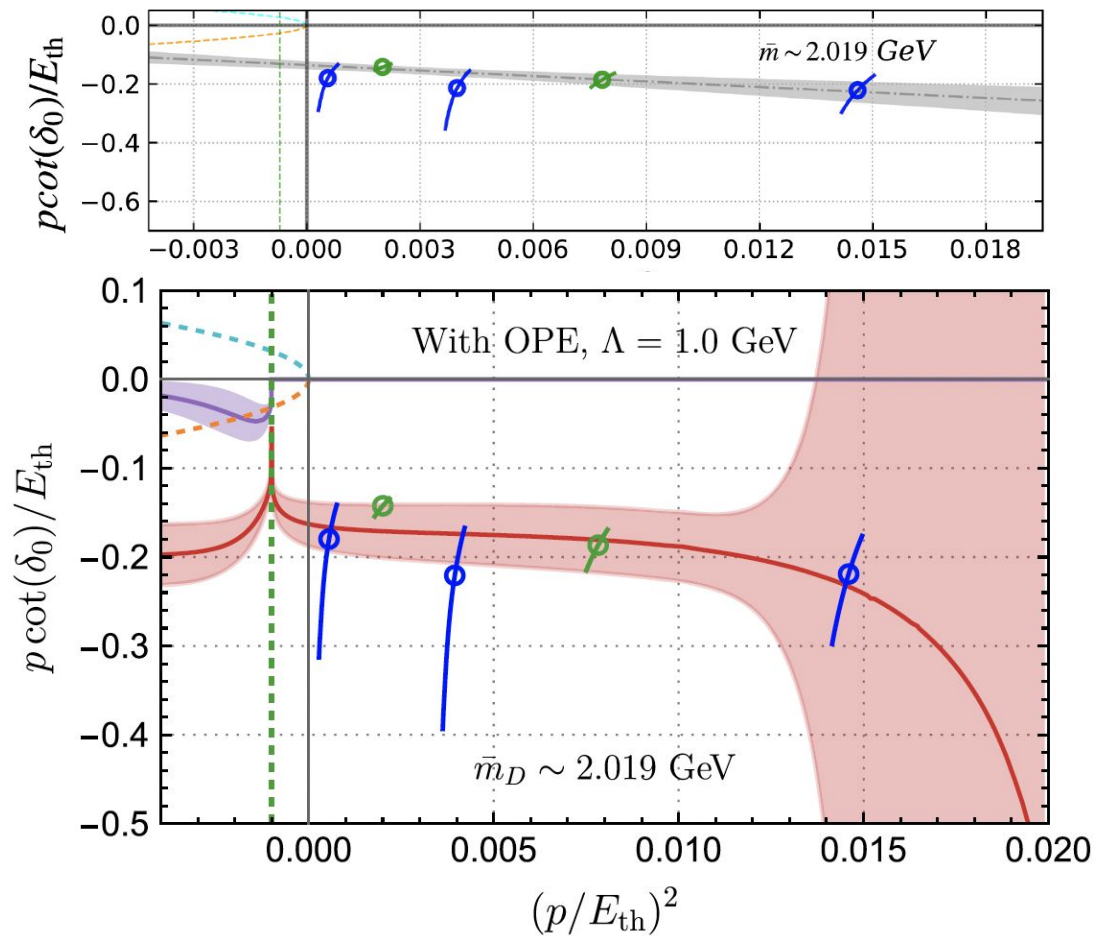
$$O^{MM} : D(0)D^*(0)$$

$$D(1)D^*(-1)|_{l=0}$$

$$D(1)D^*(-1)|_{l=2}$$

- Positive energy shifts with respect to the energy thresholds indicates a repulsive interaction near the DD^* threshold.

DD* Scattering amplitude: isospin-1

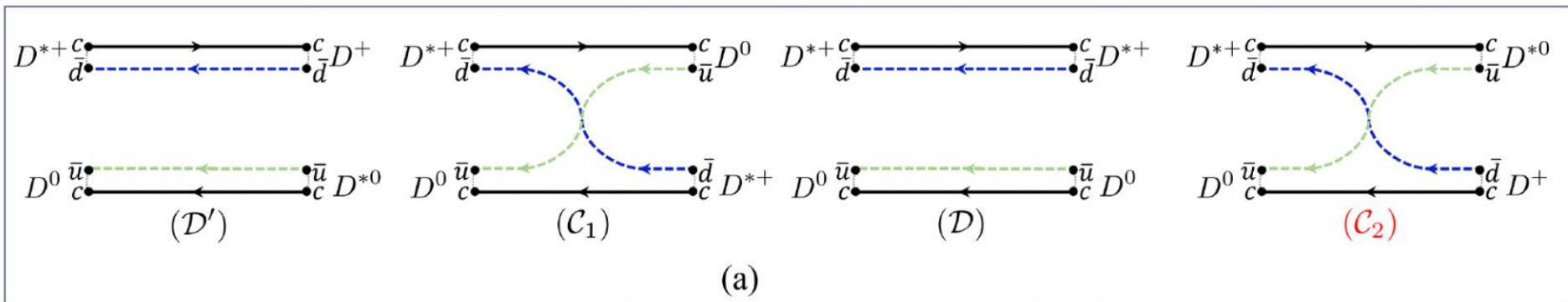


➤ No pole in the scattering amplitude near the DD* threshold was found when using Lusher + ERE

➤ By additional considering OPE to handle the lhc we did not found a pole in the scattering amplitude for the DD* scattering.

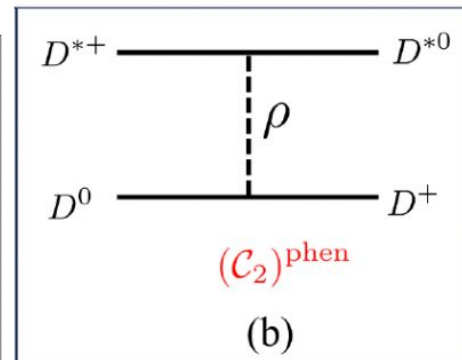
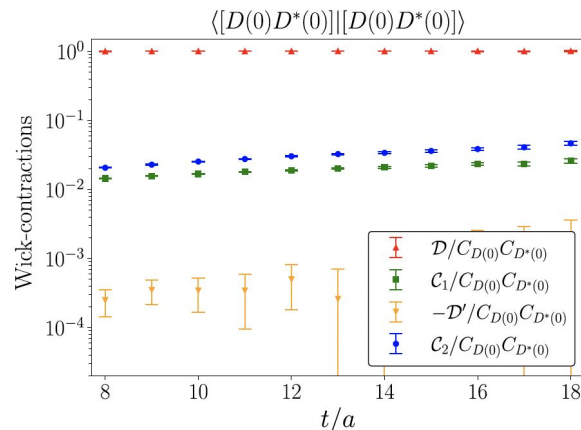
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Wick contractions for both isospin channels



$$\langle (DD^*)_I | (DD^*)_I \rangle = \mathcal{D} - \mathcal{C}_1 + (-1)^{I+1} (\mathcal{D}' - \mathcal{C}_2)$$

$$(DD^*)_I = \frac{1}{\sqrt{2}} [D^0 D^{*+} + (-1)^{I+1} D^+ D^{*0}]$$



\mathcal{C}_2 Wick contraction responsible for the isospin channels in the tetraquark.

Conclusions

Isospin-0

- For the relevant isospin-0 T_{cc} , I implemented meson-meson and additionally diquark-antidiquark interpolators and find that these have some impact on certain eigenenergies.
- Extraction of the scattering amplitude based on both types of operators.
- In the end, T_{cc} is found to be a sub-threshold resonance where the effect of the additional operators renders a T_{cc} pole slightly closer to the threshold.
- For T_{bb} there is a significant energy shift of $\sim 100\text{MeV}$ when diquark-antidiquark operators are additionally considered.

Isospin-1

- No pole in the scattering amplitude near the DD^* threshold was found when using Lusher + ERE neither when using OPE to handle the l_{hc} we did not found a pole in the scattering amplitude for the DD^* scattering.
- C2 is the Wick contraction responsible for the isospin channels in the tetraquark.
- Rho-exchange is a candidate for distinguish the isospin double charm tetraquark channels.

Thanks!