Weak Interactions

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Axial current and chiral symmetry (contd.)

Spontaneous breaking of axial part of chiral symmetry \Rightarrow Goldstone bosons π_a (one per broken generator), coupled to axial current

 $\begin{array}{l} \langle 0|A^{\mu}_{a}(0)|\pi_{b}\rangle = ip^{\mu}f_{ab} \qquad f_{ab}: \text{ constants} \\ \langle 0|A^{\mu}_{a}(0)|\pi_{b}\rangle = ip^{\mu}f_{\pi}\delta_{ab} \qquad \text{if vector symmetry (isospin) unbroken} \\ \end{array}$

 f_{π} : pion decay constant, real (T invariance), $[f_{\pi}] = [m]$

$$\langle 0|\partial_{\mu}A^{\mu}_{a}(0)|\pi_{b}
angle = (-i)p_{\mu}ip^{\mu}f_{\pi}\delta_{ab} = m_{\pi}^{2}f_{\pi}\delta_{ab}$$

PCAC hypothesis: generalise to an operator relation

$$\partial_{\mu}A^{\mu}_{a}(x) = f_{\pi}m_{\pi}^{2}\phi_{a}(x)$$

 $\phi_{\textit{a}}:$ pion fields (mass dimension 1), $\phi_{\pm}=\phi_{1}\pm i\phi_{2}$

$$\langle \pi_{a} | \phi_{b}(0) | 0
angle = \delta_{ab} \qquad \langle \pi_{3} | \phi_{3}(0) | 0
angle = 1 \quad \langle \pi_{\pm} = \frac{\pi_{1} \pm i \pi_{2}}{\sqrt{2}} | \frac{\phi_{\pm}(0)}{\sqrt{2}} | 0
angle = 1$$

QCD perspective: Ward identity for A^{μ}_{a} in terms of effective mesonic field

$$\partial_{\mu}A^{\mu}_{a}(x) = 2m_{ud}P_{a}(x) \qquad P_{a} = \bar{q}\gamma^{5}\frac{\tau_{a}}{2}q$$

 $m_{ud} = m_u = m_d$

Pion decays: leptonic decays of charged pions

Purely leptonic decays

$$\pi^+ \to \ell^+ \nu_\ell , \qquad \pi^- \to \ell^- \bar{\nu}_\ell$$

 $J^P_\pi=0^-$ (pseudoscalars) \Rightarrow pion leptonic decay mediated by axial current

$$\langle 0|V^{\mu}_{\mp}|\pi^{\pm}
angle = 0 \qquad \langle 0|A^{\mu}_{\mp}|\pi^{\pm}
angle = i\sqrt{2}f_{\pi}p^{\mu}$$

Fixed by Lorentz invariance, f_{π} dim=1 real (T: 2-family approx.) const., same for π^{\pm} (isospin, or *CP* away from iso limit)

Normalisation: $\langle 0|A_i^{\mu}|\pi_j \rangle = if_{\pi}\delta_{ij}p^{\mu}$ so $\langle 0|A_3^{\mu}|\pi^0 \rangle = if_{\pi}p^{\mu}$ and

$$\langle 0 | A^{\mu}_{\mp} | \pi_{\pm} \rangle = \langle 0 | A^{\mu}_{1} \mp i A^{\mu}_{2} | \frac{\pi_{1} \pm i \pi_{2}}{\sqrt{2}} \rangle = \frac{1}{\sqrt{2}} (\langle 0 | A^{\mu}_{1} | \pi_{1} \rangle + \langle 0 | A^{\mu}_{2} | \pi_{2} \rangle) = i f_{\pi} \sqrt{2} p^{\mu}$$

Choice of signs from isospin conservation, $A_{-}^{\mu} = \bar{d}\mathcal{O}_{L}^{\mu}u$ and $A_{+}^{\mu} = \bar{u}\mathcal{O}_{L}^{\mu}d$ coupled to $\bar{\nu}_{\ell}\mathcal{O}_{L}^{\mu}\ell$ and $\bar{\ell}\mathcal{O}_{L}^{\mu}\nu_{\ell}$ Quark model perspective: $\pi^{+} = \bar{d}u$, $\pi^{-} = \bar{u}d$, annihilated by $A_{-}^{\mu} = \bar{d}\mathcal{O}_{L}^{\mu}u$ and $A_{+}^{\mu} = \bar{u}\mathcal{O}_{L}^{\mu}d$; $|\pi^{+}\rangle = -|I = 1, I_{3} = 1\rangle$ in Condon-Shortley convention

<u>Pion decays</u>: leptonic decays of charged pions (contd.)

Focus on
$$\pi^+ \to \ell^+ \nu_\ell$$
 (same width for $\pi^- \to \ell^- \bar{\nu}_\ell$ from *CP*)

$$\mathcal{M}_{fi} = -\frac{G}{\sqrt{2}} \cos \theta_C \, i \sqrt{2} f_\pi p^\mu_{(\pi)} \langle \ell^+ \nu_\ell | (\bar{\nu}_\ell \mathcal{O}_{L\mu} \ell)(0) | 0 \rangle$$
(Feynman rules) = $-iG \cos \theta_C \, f_\pi p^\mu_{(\pi)} \bar{u}_{(\nu)} \gamma_\mu (1 - \gamma^5) v_{(\ell)}$
(momentum cons.) = $-iG \cos \theta_C \, f_\pi \bar{u}_{(\nu)} (\not{p}_{(\nu)} + \not{p}_{(\ell)})(1 - \gamma^5) v_{(\ell)}$
(Dirac eq.) = $-iG \cos \theta_C \, f_\pi \bar{u}_{(\nu)} (1 + \gamma^5) \not{p}_{(\ell)} v_{(\ell)}$
(Dirac eq.) = $-iG \cos \theta_C \, f_\pi m_\ell \bar{u}_{(\nu)} (1 + \gamma^5) v_{(\ell)}$

Squaring

$$|\mathcal{M}_{\rm fi}|^2 = G^2 \cos^2 \theta_C f_\pi^2 m_\ell^2 \, \bar{u}_{(\nu)} (1 + \gamma^5) v_{(\ell)} \bar{v}_{(\ell)} (1 - \gamma^5) u_{(\nu)}$$

Summing over ℓ^+ spins

$$\langle\!\langle |\mathcal{M}_{\rm fi}|^2 \rangle\!\rangle = G^2 \cos^2 \theta_C \, f_\pi^2 m_\ell^2 \, {\rm tr} \, (\not\!p_{(\ell)} - m_\ell) (1 - \gamma^5) \not\!p_{(\nu)} \frac{1 + \gamma^5}{2} (1 + \gamma^5)$$

$$= G^2 \cos^2 \theta_C \, f_\pi^2 m_\ell^2 \, {\rm 2tr} \, (\not\!p_{(\ell)} - m_\ell) \not\!p_{(\nu)} (1 + \gamma^5)$$

$$= 2G^2 \cos^2 \theta_C \, f_\pi^2 m_\ell^2 \, {\rm tr} \, \not\!p_{(\ell)} \not\!p_{(\nu)} = 8G^2 \cos^2 \theta_C \, f_\pi^2 m_\ell^2 \, p_{(\ell)} \cdot p_{(\nu)}$$
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Pion decays: leptonic decays of charged pions (contd.)

$$p_{(\pi)} = p_{(\ell)} + p_{(\nu)} \Longrightarrow m_{\pi}^2 = m_{\ell}^2 + 2p_{(\ell)} \cdot p_{(\nu)} \Longrightarrow m_{\pi}^2 - m_{\ell}^2 = 2p_{(\ell)} \cdot p_{(\nu)}$$
$$\langle \langle |\mathcal{M}_{\rm fi}|^2 \rangle \rangle = 4G^2 \cos^2\theta_C f_{\pi}^2 m_{\ell}^2 (m_{\pi}^2 - m_{\ell}^2)$$

Isotropic (expected from $J_{\pi}\!=\!0$); energies fixed (2-body decay) \Rightarrow constant

$$\Gamma = \int d\Gamma = \int d\Phi^{(2)} \frac{\langle |\mathcal{M}_{\rm fi}|^2 \rangle}{2m_{\pi}} = \frac{\langle |\mathcal{M}_{\rm fi}|^2 \rangle}{2m_{\pi}} \int d\Phi^{(2)} = \frac{\langle |\mathcal{M}_{\rm fi}|^2 \rangle}{2m_{\pi}} \Phi^{(2)} d\Phi^{(2)} = (2\pi)^4 \delta^{(4)} (p_{(\pi)} - p_{(\ell)} - p_{(\nu)}) \frac{d^3 p_{(\ell)}}{(2\pi)^3 2E_{\ell}} \frac{d^3 p_{(\nu)}}{(2\pi)^3 2E_{\nu}}$$

 $\Phi^{(2)}$ Lorentz invariant, work in pion rest frame

$$\begin{split} \Phi^{(2)} &= \frac{1}{(4\pi)^2} \int \frac{d^3 p_{(\ell)}}{E_\ell} \int \frac{d^3 p_{(\nu)}}{E_\nu} \,\delta(m_\pi - E_\ell - E_\nu) \delta^{(3)}(\vec{p}_{(\ell)} - \vec{p}_{(\nu)}) \\ &= \frac{1}{(4\pi)^2} \int \frac{d^3 p_{(\ell)}}{E_\ell E_\nu} \,\delta(m_\pi - E_\ell - E_\nu) \\ &= \frac{1}{4\pi} \int_0^\infty \frac{dp \, p^2}{\sqrt{m_\ell^2 + p^2} \sqrt{m_\nu^2 + p^2}} \,\delta(m_\pi - \sqrt{m_\ell^2 + p^2} - \sqrt{m_\nu^2 + p^2}) \end{split}$$

$$\delta(m_{\pi} - \sqrt{m_{\ell}^2 + p^2} - \sqrt{m_{\nu}^2 + p^2}) = (\frac{p}{E_{\ell}} + \frac{p}{E_{\nu}})^{-1}\delta(p - p_*) = \frac{E_{\ell}E_{\nu}}{pm_{\pi}}\delta(p - p_*)$$

 p_* : magnitude of spatial momentum of final particles

$$egin{aligned} &m_\pi - \sqrt{m_
u^2 + p^2} = \sqrt{m_\ell^2 + p^2} \ &m_\pi^2 - 2m_\pi \sqrt{m_
u^2 + p^2} + m_
u^2 + p^2 = m_\ell^2 + p^2 \ &m_\pi^2 + m_
u^2 - m_\ell^2 = 2m_\pi \sqrt{m_
u^2 + p^2} \ &(m_\pi^2 + m_
u^2 - m_\ell^2)^2 = 4m_\pi^2 (m_
u^2 + p^2) \end{aligned}$$

Always squaring positive quantities \Rightarrow equivalent equations

$$p_*^2 = rac{(m_\pi^2 + m_
u^2 - m_\ell^2)^2}{4m_\pi^2} - m_
u^2 = rac{[m_\pi^2 - (m_
u + m_\ell)^2][m_\pi^2 - (m_
u - m_\ell)^2]}{4m_\pi^2}$$

Pion decays: leptonic decays of charged pions (contd.)

Phase space volume:

$$\Phi^{(2)} = \frac{1}{4\pi} \int_0^\infty \frac{dp \, p^2}{E_\ell E_\nu} \frac{E_\ell E_\nu}{pm_\pi} \delta(p - p_*) = \frac{p_*}{4\pi m_\pi}$$

Set $m_{\nu} = 0$

$$p_*^2 = \left(\frac{m_\pi^2 - m_\ell^2}{2m_\pi}\right)^2 \Longrightarrow \Phi^{(2)} = \frac{m_\pi^2 - m_\ell^2}{8m_\pi^2}$$

Total width:

$$\begin{split} \Gamma &= \frac{1}{2m_{\pi}} 4G^2 \cos^2 \theta_C f_{\pi}^2 m_{\ell}^2 (m_{\pi}^2 - m_{\ell}^2) \frac{m_{\pi}^2 - m_{\ell}^2}{8m_{\pi}^2} \\ &= \frac{G^2 \cos^2 \theta_C f_{\pi}^2 m_{\ell}^2}{4\pi m_{\pi}^3} (m_{\pi}^2 - m_{\ell}^2)^2 = \frac{G^2 \cos^2 \theta_C f_{\pi}^2}{4\pi} m_{\pi} m_{\ell}^2 \left(1 - \frac{m_{\ell}^2}{m_{\pi}^2} \right)^2 \end{split}$$

 $\Gamma = \Gamma(m_\ell)$ suppressed

m_ℓ ~ m_π: threshold effect due to the limited available phase space
 m_ℓ ~ 0: dynamical effect due to definite handedness of the current

Pion decays: leptonic decays of charged pions (contd.)

Suppression of decay into light charged leptons:

- for very light lepton helicity almost good quantum number, and almost only left-handed leptons and right-handed antileptons appear
- $J_{\pi} = 0, \vec{p}_{\pi} = 0 \Rightarrow$ opposite ℓ^+ / ν_{ℓ} spins and momenta in final state \Rightarrow same helicity but ν_{ℓ} L-handed, ℓ^+ R-handed \Rightarrow suppression

• vanishes exactly if
$$m_\ell=0$$

Dominant decay mode $\pi^+\to\mu^+\,\nu_\mu$ instead of $\pi^+\to e^+\,\nu_e$ available despite limited phase space

$$\frac{\Phi_{\mu}^{(2)}}{\Phi_{e}^{(2)}} = \frac{m_{\pi}^{2} - m_{\mu}^{2}}{m_{\pi}^{2} - m_{e}^{2}} \simeq 0.4$$
$$\frac{\Gamma_{\pi^{+} \to e^{+} \nu_{e}}}{\Gamma_{\pi^{+} \to \mu^{+} \nu_{\mu}}} = \left(\frac{m_{e}}{m_{\mu}}\right)^{2} \left(\frac{m_{\pi}^{2} - m_{e}^{2}}{m_{\pi}^{2} - m_{\mu}^{2}}\right)^{2} \simeq 1.2 \cdot 10^{-4}$$

 $m_{\pi^\pm}=140\,{
m MeV},\ m_\mu=106\,{
m MeV},\ m_e=0.5\,{
m MeV}$

Pion beta decay

Three-body decay

$$\pi^+ \rightarrow \pi^0 \quad e^+ \quad \nu_e$$
$$p_1 = p_2 + p_{(e)} + p_{(\nu)}$$

What about $\pi^+
ightarrow \pi^0 \, \mu^+ \,
u_{\mu}$?

$$\begin{split} \mathcal{M}_{\mathrm{fi}} &= -\frac{G}{\sqrt{2}} \cos\theta_C \langle \pi^0 | (\bar{d}\mathcal{O}_L^\mu u)(0) | \pi^+ \rangle \langle e^+ \nu_e | (\bar{\nu}_e \mathcal{O}_{L\mu} e)(0) | 0 \rangle \\ &= -\frac{G}{\sqrt{2}} \cos\theta_C \langle \pi^0 | V_-^\mu | \pi^+ \rangle \bar{u}_{(\nu)}(p_{(\nu)}) \gamma_\mu (1 - \gamma^5) v_{(e)}(p_{(e)}) \end{split}$$

Only vector current contributes (no axial vector is available)

$$\langle \pi^0 | V^{\mu}_{-} | \pi^+
angle = f_+(q^2) p^{\mu} + f_-(q^2) q^{\mu}$$

 $p = p_1 + p_2, q = p_1 - p_2$

form factors f_{\pm} : dim.less real (T inv.) functions of q^2 ($q \cdot p = m_{\pi^+}^2 - m_{\pi^0}^2$, $p^2 = q^2 + 4q \cdot p$) In the isospin limit conservation of the vector current implies

$$0 = q_{\mu} \langle \pi^0 | V^{\mu}_{-} | \pi^+ \rangle |_{\mathrm{iso}} = q^2 f_{-}(q^2) |_{\mathrm{iso}} \Rightarrow f_{-}(q^2) |_{\mathrm{iso}} \equiv 0$$

Expand in s. breaking parameter $\Delta \equiv m_{\pi^+} - m_{\pi^0} \neq 0$ (otherwise no decay!) $f_-(q^2) = f_-(q^2)|_{iso} + f_-^{(1)}(q^2)|_{iso} \Delta + \mathcal{O}(\Delta^2) = f_-^{(1)}(q^2)|_{iso} \Delta + \mathcal{O}(\Delta^2)$

Small momentum transfer and little phase space available due to small Δ

$$egin{aligned} q^2 &= (p_1-p_2)^2 = 2(p_1^2+p_2^2) - (p_1+p_2)^2 = 2(m_{\pi^+}^2+m_{\pi^0}^2) - (p_1+p_2)^2 \ &\leq 2(m_{\pi^+}^2+m_{\pi^0}^2) - (m_{\pi^+}+m_{\pi^0})^2 = (m_{\pi^+}-m_{\pi^0})^2 = \Delta^2 \end{aligned}$$

To leading order: neglect f_- and take f_+ constant

$$f_-q^\mu = \mathcal{O}(\Delta^2), \quad f_+(q^2) = f_+(0) + q^2 f'_+(0) + \ldots = f_+(0) + \mathcal{O}(\Delta^2)$$

Transition within isomultiplet \rightarrow governed by weak charge $Q_W(I, I'_3)$ $I = 1, I_3 = 1, I'_3 = 0, Q_W(I, I_3) = \sqrt{I(I+1) - I_3(I_3+1)}$ $\langle \pi^0 | V^0_-(0) | \pi^+ \rangle |_{iso, \vec{q}=0} = 2p_1^0 Q_W(1, 0) = 2p_1^0 \sqrt{2}$ $f_+(q^2) |_{iso} p^0 |_{\vec{q}=0} = f_+(0) |_{iso} 2p_1^0 \implies f_+(0) |_{iso} = \sqrt{2}$ Also $f_+(0) = f_+(0) |_{iso} + \mathcal{O}(\Delta^2)$

$$\langle \pi^0 | V^{\mu}_{-} | \pi^+
angle = f_+(0)|_{\mathrm{iso}} p^{\mu} + \mathcal{O}(\Delta^2) = \sqrt{2}p^{\mu} + \mathcal{O}(\Delta^2)$$

To next-to-leading order in Δ we thus have

$$\begin{split} \mathcal{M}_{\rm fi} &= -\frac{G}{\sqrt{2}} \cos \theta_C \sqrt{2} p^{\mu} \bar{u}_{(\nu)} \gamma_{\mu} (1 - \gamma^5) v_{(e)} \\ &= -G \cos \theta_C p^{\mu} \bar{u}_{(\nu)} \gamma_{\mu} (1 - \gamma^5) v_{(e)} \\ |\mathcal{M}_{\rm fi}|^2 &= G^2 \cos^2 \theta_C p^{\mu} p^{\nu} \bar{u}_{(\nu)} \gamma_{\mu} (1 - \gamma^5) v_{(e)} \bar{v}_{(e)} \gamma_{\nu} (1 - \gamma^5) u_{(\nu)} \\ \langle |\mathcal{M}_{\rm fi}|^2 \rangle \rangle &= G^2 \cos^2 \theta_C p^{\mu} p^{\nu} \mathrm{tr} \gamma_{\mu} (1 - \gamma^5) (\not{p}_{(e)} - m_e) \gamma_{\nu} (1 - \gamma^5) \not{p}_{(\nu)} \frac{1 + \gamma^5}{2} \\ &= 2G^2 \cos^2 \theta_C p^{\mu} p^{\nu} \mathrm{tr} (1 + \gamma^5) \gamma_{\mu} (\not{p}_{(e)} - m_e) \gamma_{\nu} \not{p}_{(\nu)} \\ &= 2G^2 \cos^2 \theta_C p^{\mu} p^{\nu} \mathrm{tr} (1 + \gamma^5) \gamma_{\mu} \not{p}_{(e)} \gamma_{\nu} \not{p}_{(\nu)} \\ &= 8G^2 \cos^2 \theta_C p^{\mu} p^{\nu} [p_{(e)\mu} p_{(\nu)\nu} + p_{(e)\nu} p_{(\nu)\mu} - \eta_{\mu\nu} (p_{(e)} \cdot p_{(\nu)}) \\ &- i \varepsilon_{\mu\alpha\nu\beta} p^{\alpha}_{(e)} p^{\beta}_{(\nu)}] \\ &= 8G^2 \cos^2 \theta_C \left[2(p \cdot p_{(e)}) (p \cdot p_{(\nu)}) - p^2 (p_{(e)} \cdot p_{(\nu)}) \right] \end{split}$$

Differential decay width (with [...] exact up to $\mathcal{O}(\Delta^2)$)

$$d\Gamma = \frac{4G^2 \cos^2 \theta_C}{m_{\pi^+}} \left[2(p \cdot p_{(e)})(p \cdot p_{(\nu)}) - p^2(p_{(e)} \cdot p_{(\nu)}) \right] d\Phi^{(3)},$$

$$\Gamma = \frac{4G^2 \cos^2 \theta_C}{m_{\pi^+}} \int \frac{d^3 p_2}{(2\pi)^3 2E_2} p^{\mu} p^{\nu} [2\mathcal{I}_{\mu\nu}(q) - \eta_{\mu\nu} \mathcal{I}^{\alpha}_{\ \alpha}(q)]$$

General two-body integral for particles $X_{1,2}$

$$\begin{aligned} \mathcal{I}_{\alpha\beta}^{X_{1}X_{2}}(q) &\equiv \int d\Omega_{q_{1}}^{X_{1}} \int d\Omega_{q_{2}}^{X_{2}} (2\pi)^{4} \delta^{(4)}(q-q_{1}-q_{2}) q_{1\alpha} q_{2\beta} = A^{X_{1}X_{2}} q^{2} \eta_{\alpha\beta} + B^{X_{1}X_{2}} q_{\alpha} q_{\beta} \end{aligned}$$
For $X_{1} = e^{+}$ and $X_{2} = \nu_{e}$, and $q^{2} = (p_{1} - p_{2})^{2} = (p_{(e^{+})} + p_{(\nu)})^{2} \ge m_{e}^{2}$ timelike
 $\mathcal{I}_{\alpha\beta}(q) \equiv \mathcal{I}_{\alpha\beta}^{e^{+}\nu_{e}}(q) = \frac{1}{32\pi} \left(1 - \frac{m_{e}^{2}}{q^{2}}\right) \left\{\frac{1}{3} \left(1 - \frac{m_{e}^{2}}{q^{2}}\right)^{2} (q^{2} \eta_{\alpha\beta} - q_{\alpha} q_{\beta}) + \left[1 - \left(\frac{m_{e}^{2}}{q^{2}}\right)^{2}\right] q_{\alpha} q_{\beta} \right\}$
 $\mathcal{I}_{\alpha}^{\alpha}(q) = \frac{q^{2}}{32\pi} \left(1 - \frac{m_{e}^{2}}{q^{2}}\right) \left\{ \left(1 - \frac{m_{e}^{2}}{q^{2}}\right)^{2} + \left[1 - \left(\frac{m_{e}^{2}}{q^{2}}\right)^{2}\right] \right\} = \frac{q^{2}}{16\pi} \left(1 - \frac{m_{e}^{2}}{q^{2}}\right)^{2} \end{aligned}$

Contracting with $p^{\mu}p^{\nu}$

$$\mathcal{Q} = p^{\mu} p^{\nu} [2\mathcal{I}_{\mu\nu}(q) - \eta_{\mu\nu} \mathcal{I}^{\alpha}_{\ \alpha}(q)] = \frac{1}{24\pi} \left(1 - \frac{m_e^2}{q^2} \right)^2 \left\{ (p \cdot q)^2 \left(1 + \frac{2m_e^2}{q^2} \right) - p^2 q^2 \left(1 + \frac{m_e^2}{2q^2} \right) \right\}$$

Lorentz invariants: setting $2m \equiv m_{\pi^+} + m_{\pi^0}$ $q^2 = m_{\pi^+}^2 + m_{\pi^0}^2 - 2m_{\pi^+}E_2 \equiv \omega^2 \ge 0$ $p^2 = m_{\pi^+}^2 + m_{\pi^0}^2 + 2m_{\pi^+}E_2 = q^2 + 4m_{\pi^+}E_2$ $q \cdot p = m_{\pi^+}^2 - m_{\pi^0}^2 = 2m\Delta$

 ${\mathcal Q}$ depends only on ${\it E}_2,$ not on the angular variables

$$\begin{split} &\int \frac{d^3 p_2}{(2\pi)^3 2E_2} \to \frac{4\pi}{2(2\pi)^3} \int_0^{p_{2\max}} \frac{dp_2 p_2^2}{E_2} = \frac{1}{(2\pi)^2} \int_{E_{2\min}}^{E_{2\max}} dE_2 \sqrt{E_2^2 - m_{\pi^0}^2} \\ &E_2 = \frac{m_{\pi^+}^2 + m_{\pi^0}^2 - q^2}{2m_{\pi^+}} \\ &p_2^2 = E_2^2 - m_{\pi^0}^2 = \frac{m_{\pi^+}^2 + m_{\pi^0}^2 - q^2}{2m_{\pi^+}} - m_{\pi^0}^2 = \frac{[m_{\pi^+}^2 - (m_{\pi^0} + \omega)^2][m_{\pi^+}^2 - (m_{\pi^0} - \omega)^2]}{4m_{\pi^+}^2} \\ &= \frac{[m_{\pi^+} - m_{\pi^0} - \omega][m_{\pi^+} + m_{\pi^0} + \omega][m_{\pi^+} - m_{\pi^0} + \omega][m_{\pi^+}^2 + m_{\pi^0} - \omega]}{4m_{\pi^+}^2} \\ &= \frac{[\Delta - \omega][2m + \omega][\Delta + \omega][2m - \omega]}{4m_{\pi^+}^2} = \frac{[\Delta^2 - \omega^2][4m^2 - \omega^2]}{4m_{\pi^+}^2} \\ p^2 &= 2(m_{\pi^+}^2 + m_{\pi^0}^2) - \omega^2 = 4(m^2 + (\frac{\Delta}{2})^2) - \omega^2 = 4m^2 + \Delta^2 - \omega^2 \end{split}$$

Change integration variable to more convenient $\boldsymbol{\omega}$

$$\omega_{\min} = \sqrt{q_{\min}^2} = m_e \qquad \omega_{\max} = \sqrt{q_{\max}^2} = \Delta \qquad 2\omega d\omega = -2m_{\pi^+} dE_2$$
$$\int \frac{d^3 p_2}{(2\pi)^3 2E_2} \rightarrow \frac{1}{(2\pi)^2 2m_{\pi^+}^2} \int_{m_e}^{\Delta} d\omega \,\omega \sqrt{[\Delta^2 - \omega^2][4m^2 - \omega^2]}$$
$$\mathcal{Q} = \frac{1}{24\pi} \left(1 - \frac{m_e^2}{\omega^2}\right)^2 \left\{ 4m^2 \Delta^2 \left(1 + \frac{2m_e^2}{\omega^2}\right) - (4m^2 + \Delta^2 - \omega^2)\omega^2 \left(1 + \frac{m_e^2}{2\omega^2}\right) \right\}$$
Rescale $\omega \rightarrow \Delta \omega$

$$\begin{split} &\int \frac{d^3 p_2}{(2\pi)^3 2E_2} \to \frac{\Delta^3 2m}{(2\pi)^2 2m_{\pi^+}^2} \int_{\frac{m_e}{\Delta}}^1 d\omega \,\omega \sqrt{[1-\omega^2][1-\frac{\Delta}{4m^2}\,\omega^2]} \,, \\ &\mathcal{Q} = \frac{\Delta^2 m^2}{6\pi} \left(1-\frac{m_e^2}{\Delta^2 \omega^2}\right)^2 \left\{ \left(1+\frac{2m_e^2}{\Delta^2 \omega^2}\right) - \left(1+\frac{\Delta^2}{4m^2}(1-\omega^2)\right) \omega^2 \left(1+\frac{m_e^2}{2\Delta^2 \omega^2}\right) \right\} \\ &= \frac{\Delta^2 m^2}{6\pi} \tilde{\mathcal{Q}} \end{split}$$

$$\Gamma = \frac{G^2 \cos^2 \theta_C \Delta^5}{6\pi^3} \left(\frac{m}{m_{\pi^+}}\right)^3 \int_{\frac{m_e}{\Delta}}^1 d\omega \,\omega \sqrt{[1-\omega^2][1-\frac{\Delta}{4m^2}\,\omega^2]} \tilde{\mathcal{Q}}(\omega)$$

Set $arepsilon\equiv m_e^2/\Delta^2$, drop orders of Δ/m higher than $\mathcal{O}(\Delta/m)$

$$\begin{split} \mathsf{F} &= \frac{G^2 \cos^2 \theta_C \Delta^5}{6\pi^3} \left(1 - \frac{3\Delta}{2m} \right) \mathsf{K}(\varepsilon) \\ \mathsf{K}(\varepsilon) &= \int_{\sqrt{\varepsilon}}^1 d\omega \, \omega \left(1 - \frac{\varepsilon}{\omega^2} \right)^2 \left\{ \left(1 + \frac{2\varepsilon}{\omega^2} \right) - \omega^2 \left(1 + \frac{\varepsilon}{2\omega^2} \right) \right\} \simeq \frac{2}{5} (1 - 5\varepsilon) \end{split}$$

Total width (correct to $\mathcal{O}(\frac{\Delta}{m})$ and $\mathcal{O}(\frac{m_e^2}{\Delta^2})$)

$$\Gamma = \frac{G^2 \cos^2 \theta_C \Delta^5}{6\pi^3} \left(1 - \frac{3\Delta}{2m} \right) \left(\frac{1}{5} - \varepsilon \right) = \frac{G^2 \cos^2 \theta_C \Delta^5}{30\pi^3} \left(1 - \frac{3\Delta}{2m} - 5\frac{m_e^2}{\Delta^2} \right)$$

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